

LEADERSHIP AND SKILLS DEVELOPMENT PROGRAM

Program Overview:

This training program is designed to refine and elevate core leadership competencies. Covering a comprehensive range of topics from effective communication to managing complex team dynamics, the program aims to empower leaders with the tools and insights needed to lead high-performing teams. Leaders will emerge from this program with tangible skills in navigating conflicts, delivering impactful feedback, understanding diverse leadership styles, motivating their teams, and holding employees accountable.

Learning Objectives:

The Leadership and Skills Development training encompasses essential areas such as:

- Building a High-Performance Team
- Effective Communication
- Conflict Resolution Skills
- How to Give Great Feedback
- Effective Delegation
- First Time Manager Training
- Motivate Your Team Through Impactful Coaching
- Managing Conflict in the Workplace
- Managing Excessive Tardiness and Absenteeism
- Importance of Documentation
- Understanding Your Leadership Style
- How to Handle Difficult Conversations



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Learning Outcomes:

By the end of this training, participants/leaders will:

- Possess the skills required to lead high-performing teams.
- Be adept at providing meaningful feedback.
- Have a solid understanding of effective communication.
- Utilize conflict resolution strategies.
- Delegate appropriately to enhance team productivity.
- Recognize the importance of adapting leadership and communication styles.
- Understand the significance of timely documentation to hold their employees accountable.
- Gain insights into their own leadership style, recognizing its impact on the team.
- Be equipped with strategies to motivate teams and manage performance issues effectively.
- Possess the skills to lead difficult conversations.

Program Delivery & Assessment Methods:

The 4 day in-person workshop will be led by our seasoned leadership development expert and Exalt founder, Nooreen Kabani in Vancouver BC, or if the minimum number of participants is reached, the Facilitator will come onsite to your workplace (within BC).

This program features a blend of interactive workshops, real-life case studies, group discussions, and role-play exercises to ensure a practical learning experience. Continuous assessment through participant engagement, feedback sessions, and pre-and post-training evaluations will measure knowledge acquisition and application.



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Facilitator Background:

Nooreen Kabani has 15 years of executive, management, and consulting experience in public, private and non-profit sectors. She has held several senior HR leadership roles in both corporate and consulting environments, where she gained an in-depth knowledge of HR best practices and all pertinent employment legislation across Canada.

Nooreen has a Master's Degree in Human Resources Management from York University, a Bachelor of Business Administration Degree in Human Resources and Marketing from the Simon Fraser University, and holds her designation as a Certified Human Resources Professional (CHRP).

Format: In Person, Group Training

Maximum Capacity: 20

Minimum of 10 participants required to come onsite.

Duration: 16 hours delivered in 4 half days or 2 full days.

Delivery Method: Classroom

Cost: \$3,000

For more details visit our website:



exalthrconsulting.com

